

Simulated Patient Brief — Ava (Acute Otitis Media)

Age	Child 2 yrs — you are the parent
Name	Ava (parent's surname of the actor's choice if asked)
Presenting complaint	2-year-old pulling at her ear
Opening statement	I have brought my 2-year-old daughter, Ava, as she has been pulling at her ear.
Location	General Practice

VIGNETTE & INSTRUCTIONS FOR SIMULATED PATIENT (FOR INFORMATION ONLY)

- The student has been asked to take a history from a simulated patient.
- Please kindly follow the script to simulate the consultation.
- You will not be expected to undertake an examination.
- Please answer in the negative to any specific questions about your condition where the answer is not outlined in the script.
- We aim for our simulated consultations to reflect the diversity of patients seen in daily practice. We have not provided surnames, but please provide an appropriate surname of your choice if asked.
- Location for this role play — General Practice.

PATIENT IDENTIFIABLE DETAILS AND PRESENTING COMPLAINT

You have brought your 2-year-old daughter, Ava, to the practice as they have been pulling at their ear.

HISTORY OF PATIENT COMPLAINT

For the past 24 hours, your daughter has been tugging at her left ear.

She has been listless and crying a lot and is hard to settle.

You think she might be struggling to hear but aren't sure.

If asked specifically, there's no discharge and the outside of her ear doesn't look red.

Your daughter has been a bit poor recently. You think she's picked something up from nursery. 3 days ago she began to get sniffly and had a dry cough.

She's had a temperature which has settled with Calpol and Nurofen.

IDEAS / CONCERNS / EXPECTATIONS (ICE)

Ideas: you think she's probably got an ear infection.

Concerns: worried it will get worse and permanently affect her hearing.

Expectations: you want some antibiotics or ear drops.

PAST MEDICAL HISTORY

She's usually a well child.

She's had two colds since she started nursery 6 months ago.

Her birth was uneventful – vaginal delivery.

No complications during pregnancy.

She has been developing well and has met all her milestones.

DRUG HISTORY

Nil. No known allergies.

FAMILY HISTORY

Grandparents all alive and well apart from a history of high blood pressure on the paternal side.

SOCIAL HISTORY

You and your partner live with Ava and her older brother.

No pets or smoking at home. Brother is at school and not currently unwell.

SYSTEMS REVIEW HISTORY

If the student asks anything else, answer 'No'.

SPECIFIC DISCUSSION POINTS TO INCLUDE FOR THIS ROLE PLAY

- Differential Diagnosis — this is a case of acute otitis media. Differential is otitis externa.
- Discuss management, when to offer antibiotics, delayed prescriptions.
- NICE Guidelines for AOM.