

PATIENT DETAILS

Age	52
Name	Rachel Green
Presenting complaint	Pulmonary embolism

ORIGINAL SCRIPT PAGE 1

Name: Rachel Green Age (or range if possible): 52

PRESENTING SYMPTOM(S) / PROBLEM(S)

OPENING STATEMENT- 'I AM SORRY TO TROUBLE YOU DOCTOR BUT I'M NOT FEELING VERY WELL ALL, I AM FEELING QUITE SHORT OF

breath'

Information to be given away after further open question • Sudden onset of shortness of breath started about an hour ago whilst out shopping over the road. You were at the checkout when it started so finished and paid and then went and had a sit down in the café but the feeling persisted. Also aware of a discomfort in the chest just below the bra strap but this comes and goes. • Also noticed just generally feeling unwell, feeling a bit dizzy and off but you think this might be because you are feeling anxious about the breathing.

Information to only divulge on direct questioning: • There is no history of fever, cough, sputum, palpitations or haemoptysis • The chest pain is worse if you take a deep breath in • You have just returned from the South of France where you have a holiday home – this involved a 14 hour drive yesterday. On getting back yesterday you noticed a bit of discomfort in one calf but thought this was just because you had been sat down for so long.

ICE • Ideas: no idea what is causing it but worried. • Concerns: worried, feeling really out of sorts • Expectations: doctor to tell you what is wrong or what you need to do.

Past medical history • Tonsillectomy 1987 • Acne rosacea 2010

Medication • Kliovance tablets since 2 years

FAMILY HISTORY

- No relevant family history

SOCIAL HISTORY

- Ex-smoker – 10 pack year smoking history, gave up 20 years ago • Alcohol – enjoys a couple of glasses of wine with dinner most nights • Lives with husband (is out playing golf for the day) and

1 dog (no other pets): 2 grown up children. • Writer / journalist • Time split between house here and in France as above

Simulated patient instructions: Speaking in reasonably long sentences but visibly a bit short of breath. Shocked if doctor / student suggests needs to go to hospital but agrees. Worried about who will get the dog but agree to phone neighbour. Offer to drive yourself but agree to ambulance if offered.

ORIGINAL SCRIPT PAGE 2

Student information

Name: Rachel Green Age (or range if possible): 52

Last 3 consultations

This year : annual HRT review. All well. No concerns. BP 120/70. BMI normal. Continue

Last year : annual HRT review. Hot flushes stopped completely. Feeling much better. Breast aware. No contraindications. Continue

May 2018: solar lentigo. Pt noticed new skin lesion. O/E solar lentigo. Advice given. If changes then review again. Use sunscreen when in the sun

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